

The Black Nag

Longways for three couples Once through

Part 1

- A Partners facing up, holding inside hands, move up a double and back, repeat.
B1 Turn to face partner, 1st couple, two hands, slip four moving up
 2nd couple do the same
 3rd couple do the same
 All turn single, right shoulders back
B2 Repeat B1 starting with 3rd couple, all turn single

Part 2

- A Partners side, first right and then left
B1 1st man and 3rd women, change places by 4 slip steps, go back to back
 1st Woman and 3rd man, do the same
 2nd couple do the same
 All turn single, right shoulders back
B2 Repeat B1 so that all are back in places, turn single

Part 3

- A Partners arm first right and then left
B1 Skipping, Men hey for three, 1st man starts by passing right shoulders,
 Women turn single on last four counts of music
B2 Skipping, Women hey for three, 1st woman starts by passing right shoulders,
 Men turn single on last four counts of music.

Draper's Maggot

Triple minor longways 3/4 time

- A1 1st and 2nd couples circle hands four back to places
 1st couple cast down to middle while 2nd couple lead up
A2 1st and 3rd couples hey for four hands begin with your partner
B1 1st man turns 3rd woman two hands (look to right) while 1st woman turns two hands with 2nd man
 Turn partner by two hands
B2 1st man turns 2nd woman two hands (look left) while 1st woman turns two hands with 3rd man
 Turn partner by two hands

Epping Forest

Round for three couples

Part 1

- A1 Circle holding hands with 8 slips to left
 Partners set and turn single, right shoulder back
A2 Repeat A, slipping to the right this time
B Partners do a slow set and honour to right and then left, face corner
 Corners do a slow set and honour as above, turn back to partner
C Partners do a two hand turn, skip

Corners do a two hand turn, skip

Part 2

A1 Partners, side to the right, set and turn single
A2 Partners, side to the left, set and turn single
B & C Repeat as above

Part 3

A1 Partners arm right, set, turn single
A2 Partners arm left, set, turn single
B & C Repeat as above

The Spaniard

Long ways for as many as will, duple minor

<u>Music</u>	<u>Measures</u>	<u>Steps</u>
A	1-2	First Man sets to second woman moving forward
	3-4	1st man and 2nd woman turn single, right shoulder back
	5-8	1st man turns partner, hold both hands
A	1-2	1st W sets to 2nd M moving forward
	3-4	1st W and 2nd M turn single, right shoulder back
	5-8	1st W turns partner, hold both hands
B	1-8	1st couple lead down middle (small steps) and turn before the 8th beat Skip back to places and cast off, 2nd couple moving up
B	1-8	Hands 4; 8 slips left, 8 slips right

Setting - hopping small steps, start on right foot, 1,2,3, then to the left 1,2,3

Pleasures of the Town

Long ways for 3 couples, forward polka step throughout

<u>Music</u>	<u>Measures</u>	<u>Steps</u>
A	1-8	Men take hands, cast around women
	9-16	Women take hands, cast around men
B1	1-8	Partners, face up and cross hands, 1st couple, followed by others cast to left and around to places
B2	1-6	Couples 1 and 2 make 3 changes of square hey, starting with right hand with partner
	7-8	First couple cast down to bottom place, third couple move up

This dance is repeated twice more, all ending in original places

Square hey - think of a box, to make 3 changes you are going on 3 sides of the box

The Twenty-Ninth of May

Long ways for as many as will

<u>Music</u>	<u>Measures</u>	<u>Steps</u>
A	1-8	1st and 2nd couple whole pousette
B	1-8	1st man and 2nd woman change places, look at each other as you cross 2nd man and 1st woman change places, look at each other as you cross Hands 4, slip to original places 1st couple cast down into second place; 2nd couple move up
A	1-4	1st man and 2nd woman back to back (do si do)
	5-8	2nd man and 1st woman back to back (do si do)
B	1-6	Hands 4, slip step, kitty corner from where you were
	7-8	Partners cross over to own side, 1st couple are back in number 1 spot
A	1-4	1st man and 1st women cross over, cast down, move up between 2nd couple facing up in a line of 4
	5-8	Take hands, move forward a double, backward a double, turn end people in to face 2nd couple
B	1	1st man and 2nd man honour woman beside you
	2	1st and 2nd couple honour
	3-4	1st man turns 2nd woman, 2nd man turns 1st woman, hold both hands, skip
	5-8	Turn partners, 1st couple is in second place, 2nd couple in first place

Poussette - hold partners hands, 1st man pushes partner, 2nd man pulls partner, step, step, step, together
make a V pattern - Half poussette, continue until at original place to make a whole poussette

Forward Double - right, left, right together Backward double - left, right, left, together

Gathering Peascods

Circle for 8 people, side by side with partner, lady on man's right side

		<u>Steps</u>
A		Join hands and slip left in circle 8 steps, turn single, right shoulder back Repeat, slipping right, turn single
B		Men right hand star in centre, round and to places, Women do same
C	1	Facing Centre - Men double forward, clapping on 3rd step, back a double while women double forward clapping, Men double forward clap, men turn single out to places
C	2	Repeat, starting with women
A		Side with partner, right shoulders together, acknowlege, turn single back Side with partner, left shoulders etc.
B		Same as B above, women starting first
C		Same as C 1 and 2 above, women starting first
A		Arming - right arm with partner, turn single, left arm, turn single
B		Same as first B, men starting first
C		Same as first C 1 & 2, men starting first

Honour into circle

Maid Morris

Long ways for as many as will, even sets of two couples

<u>Music</u>	<u>Measures</u>	<u>Steps</u>
A	1-4	1st man and 2nd man take hands, fall back a double, move forward a double, turn single
A	5-8	1st woman and 2nd woman do the same
B 1	1-2 3-4 5-6 7-8	Hands 4, (1st and 2nd couple) 4 slips clockwise All turn single Hands 4, (1st and 2nd couple) 4 slip counter-clockwise, back to places All turn single
B 2	1-6 7-8	Circular hey, 4 changes, skipping, R, L, R, L hands, starting with partner 1st man leads 1st woman down middle to 2nd place, while 2nd man and 2nd woman cast up

Newcastle

Square set of 4 couples

<u>Music</u>	<u>Steps</u>
A 1	Face centre, all hands joined, forward and backward double, set to partner set to side partner/corner
A 2	Repeat - A 1
B 1	Turn partner, right arm, men skip clockwise outside circle
B 2	Turn partner, (before you are back in your place) women skip clockwise outside circle
A 1	Side right with partner, step to right, close feet, double to next person
A 2	Side left with next person, step left, close feet, double to meet next person
B 1	Head couples bwd. double, fwd double, make arch Side couples, cast out as head couples do fwd. double and skip round and under arches to places
B 2	Repeat - B 1, with side couples making arch and head couples skipping
A 1	Right arm with person facing, Left arm 1 1/2 times around with same person, passing on to next dancer
A 2	Repeat arming and passing on
B 1	Head couple move into line 4 abreast with side couple, HSSH (lines are on the sides of the square) double backward, double forward turning, move forward between other line, right shoulder to right shoulder and make another two lines in the opposite direction. SHHS, (lines are at the head and foot of the square)
B 2	double backward, double forward turning, move forward between other line, right shoulder to right shoulder and end in original places.

Dressed Ship

Long ways for as many as will, sets of two couples

Music

Steps

1st Man and 2nd Lady set to each other, back up four steps, two hands turn
1st Lady and 2nd Man set to each other, back up four steps, two hands turn

1st couple cast down - 8 steps, on the last four counts 2nd couple moves up using the grapevine step behind step close

Both Couples set to each other, holding hands man turns lady under his arm counter-clockways staying in place

1st couple casts up 8 steps, 2nd couple moves down on last 4 counts using grapevine step

Couples set to each other, 1st couple moves down turning lady under arm as the second couple casts up.

Jenny Pluck Pears

A stately dance - 3 couples side by side in a circle

Music

Steps

- 1 Hold hands in the circle and walk to the left
Set right, set left turn single (right shoulder back)
Walk to the right, set right, set left, turn single.
- 2 1st man gently swings partner into the middle then the second and third do the same, honour partner
Men skip (small steps) to the left back to partner, then to right and back to partner
- 3 1st man brings partner out to the circle followed by second, then third lady Honour partner
- 4 Siding to right shoulder with partner, set right, set left, turn single repeat but to left shoulder
- 2 Repeat 2 except ladies put men into the middle
- 3 Repeat 3, ladies bring men out to circle
- 5 Turn partner linking right elbows, set right, set left, turn single repeat using left elbows
- 2 Repeat 2, men put ladies into the middle
- 3 Repeat 3, men bring ladies out to circle.

Long Honour to finish

Christ Church Bells

Long ways for 4 couples - Progressive

Music

Steps

- A 1 Facing Partner
Forward and backward double
Cross (passing right shoulders) to partner's place 6 steps (make a J shape)
Head bow or small curtsy - 2 counts
- A2 Repeat, ending in original position
- B Right hand star (in fours)
Left hand star
Cast out following 1st couple (men follow men etc.)
1st couple make an arch in 4th place, remaining dancers file through.

Oxford Flowers

Long ways in doubles, progressive

Music

Steps

- 1A 1st man and 2nd lady, back to back diagonal
Turn left hands round
- 1B 1st lady and 2nd man, back to back diagonal
Turn left hands round
- 2 1st couple skip (lady first) between the 2nd couple doing a figure of eight
and back to places
- 3 Half pousette
- 4 4 hands round to new place

Trip to Paris

Long ways in doubles, progressive

Music

Steps

- A - 1 1st couple, set right, set left, change places passing right shoulders
Set right, set left, change places passing left shoulders
- A - 2 2nd couple do the same
- B 1st couple (skipping) passing by left shoulders around second couple
passing again and back to places (12 skips)
Turn single (4 steps)
- C First diagonal change places, second diagonal change places,
4 Hands round (4 slips) back to places
- D 1st couple cast down
2nd man lead 2nd lady up.

Mr. Lane's Trumpet Minuette

Long ways in doubles, minuette step

Music

Steps

- A - 1 1st man to 2nd lady, forward (lady acknowledges), back, turn single (2 minuette steps)
- A - 2 1st lady to 2nd man, do same
- B - 1 1st and 2nd man right hand round, 3 minuette steps
4 hands round, circle clockwise, 4 minuette steps
- B - 2 1st and 2nd ladies, do same
4 hands round, circle clockwise, 4 minuette steps
- C 1st couple lead down, 2nd couple cast up

Durham Reel

Longways for four couples, in two lines facing forward Danced one time through

Music

Steps

- A - 1 Quickly form a circle, slip 16 steps left, 16 slip steps back into lines
- B - 1 Cast off, men to left, ladies to right, everyone following
Back up the middle
Repeat
- B - 2 Couples hold hands (skaters fashion) and cast to men's side
Back up the middle
Cast to ladies side and back up the middle
- C - 1 Thread the Needle - takes hands to make a circle the top couple does not join their hands. (Makes a horse shoe)
Ladies make an arch between the first and second lady, first man leads line through and back to place, ladies making the arch turn under their arms toward each other.
First and second man make the arch and first lady leads through and back into place, men making the arch turn under their arms toward each other.
- A - 1 In a circle, slip 16 steps left and 16 steps right.

First of April

Longways for as many as will, in sets of four

Music

A - 1

Steps

Right hand star, left hand star back into place

B - 1

First couple holding hands in skaters fashion, goes down middle
First couple turns and skips back up

C - 1

First couple casts down one place, Second couple moves up

D - 1

In a circle, slip left and back to the right

13th of June, (aka - Pat's Dance)

Longways for as many as will, lines facing toward middle

Music

A - 1

Steps

In the line, First and Second Man hold inside hands
Ladies do the same.

A - 2

To the Right - Step together, step together
To the Left - step together, step together, back to facing partners

B - 1

Clap hands once and turn two hands round with partner
(First Couple facing down the line and Second Couple facing up the line)

B - 2

Repeat A - 2

C - 1

Clap hands once, turn two hands round with the person facing
Right hand star, left hand star back to place

D - 1

Clap hands once, honour your partner
Clap hands once, honour your corner

D - 2

Clap hands twice
First couple cast down while the second couple lead up

The Comical Fellow

Longways for as many as will

Music

A - 1

Steps

First Man and Second Lady set, set, walk back four steps
Turn each other with two hands joined (Setting diagonally)

A - 2

First Lady and Second Man set diagonally

B - 1

First couple lead down holding right hands, turn and holding
hands in skaters hold skip back to place

C - 1

Cast down while second couple moves up

D - 1

Clap 4 times (quickly) - Turn your partner half way round (improper)
Circle to the left (slip steps), circle back to the right
Clap 4 times (quickly) - Turn your partner half way round (back to proper)

Circassian Circle

Circle for 8 people

Music

A - 1

Steps

Holding hands in a circle, take four steps in (RLRL) sweeping hands upward, take four steps out (RLRL) bringing hands down

A - 2

Repeat

B - 1

Ladies take four steps in and back, bringing hands up,repeat
Men take four steps in and back, bringing hands up,repeat

C - 1

Turn partner by the right arm
Turn partner by the left arm

D - 1

Holding hands in a circle, walk to the left

My Lady Cullin

Longways for as many as will Stand in two lines, facing forward with inside hands joined.

Music

A - 1

Steps

Go forward a double, back a double
Repeat, and end facing partner

B - 1

Right hand star for 8 steps, left hand star back for 8 steps

C - 1

First Diagonal, cross over, looking into each others eyes, 8 steps
Second Diagonal do the same

D - 1

Set to right, set to left, turn single
Change places with your partner (don't hold hands)

Pilgrim

Circle dance - any order, hold hands

Music

A - 1

Steps

To the left, starting with the left foot, walk for two phrases of music

B - 1

Step sideways to the left, together, step, together
Clap - one and two and three, even claps
Step sideways to the right, together

Repeat B - 1

Branler

Circle dance, hold hands

Music

A - 1

Steps

Step sideways to the left, together, step, together
Step sideways to the right, together, step, together (take smaller steps)
Repeat A - 1

B - 1

Step sideways to the left, together, step, together
Clap three times quickly
Step sideways to the right and together

C - 1

Step sideways to the left (dancing lightly with bounce), together, step, swing right foot to left
Step sideways to the right, together, step, swing left foot to right
Repeat C-1

D - 1

Hop feet astride twice, then twice together, repeat 4 times

D - 2

Continue to hop and add elbow swing
Back and Forward with feet astride, back and forward with feet together, repeat 4 times

Stop on the last jump and keep completely still.

Estampie

Couples any where in the room, facing front

A - 1

Double forward and back, twice

B - 1

Step sideways to the left, together,
Step sideways to the right, together,
Repeat

C - 1

Circle, holding both hands

Honour partner

6 1st couple move forward and cross (lady in front) cast down into 2nd place (progression), as 2nd couple move together and lead up into 1st place

Croft House

Longways for as many as will, Duple Minor

<u>Music</u>	<u>Count</u>	<u>Steps</u>
A - 1	4	Men take inside hands and back a double
	4	Turn single back to places (right houlder back)
	4	Ladies take inside hands and back a double
	4	Turn single back to places (right shoulder back)
A - 2	4	All forward a double to centre
	4	All back a double to places
	8	Four hands 8 slip steps to the left
B - 1	4	1st and 2nd couple cross by right hands to "improper"
	4	1st and 2nd ladies turn half round by right hands
		1st and 2nd men do the same
	Formation	2nd M 1st M
	Top of line	2nd L 1st L
	8	2nd couple cast off by turning towards each other and then outward to second place
		1st couple follow first and cast out to stand 4 abreast
	Formation	1st M 2nd M 2nd L 1st L
		Top of line
B - 2	4	Move forward a double
	4	Move backward a double, with ends turning in to form a U
	4	1st couple cast off to second place while 2nd couple lead up to 1st place
	4	1st couple follow through with the cast off to cross back to proper (lady in front)
		While 2nd couple turn clockwise back to proper places holding inside hands

The Alderman's Hat

Triple minor set

<u>Music</u>	<u>Count</u>	<u>Steps</u>
A - 1		1st Man and 1st Lady cast off down to third place with the others following, Second couple move through the first position and cast back into second position, Third couple move up into first position (turning towards each other at the top ready for the next move)
		Holding both partners hands, turn partner around once
		Everybody claps 3 times
A - 2		Do the same again with the 3rd Man and 3rd Lady leading

Everyone is back in their starting position

Holding both partners hands, turn partner around once
Everybody claps 3 times

B - 1 1st Lady casts off with 1st Man following down and around the
3rd couple ending up in second place, 2nd couple moves up

Everybody claps 3 times

B - 2 1st and 2nd couple do a 4 hand circular hey starting with their
partner
1st couple moves down to 3rd position while the 3rd couple
moves up, everybody claps 3 times during this change
(pass right shoulder to right shoulder)

This dance can be Longways for as many as will, if the first couple does not do the
last pass to third position, The third couple would then become the second couple. Etc.

The Parting Lovers

Longways, Triple Minor Set

<u>Music</u>	<u>Count</u>	<u>Steps</u>
A - 1		All couples set to partners and turn single 1st and 2nd couple do a 2 hand circular hey starting with their partner, they are now "improper"
A - 2		Repeat, everyone is back in their original place
B - 1		1st couple casts to second place, while 2nd couple move up All couples set to partners 1st couple casts to third place, while the 3rd couple move up All couples set to partners
B - 2		1st couple lead up the middle, while the other couples move down 1st couple cast out to second place, 2nd couple move up 1st and 2nd couple pass by partners by the right shoulder to improper
B - 3		1st couple and 3rd couple, hands four, slip 8 steps to the right and 8 steps to the left back to places
B - 4		1st and 2nd couple do a 3 hand circular hey starting with their neighbour 1st couple cast down to 3rd position while the 3rd couple move up

Mutual Love

Longways, Duple Minor Set

Music

Count

Steps

A - 1

Men 1 & 2, take inside hands and skip around Women 1 & 2
Turn partners, using both hands, skipping
Women do the same as above

A - 2

Star to the left, 8 steps, star to the right, 8 steps

B - 1

Four hands circular hey
1st couple lead down the middle while the 2nd couple cast up